

**SAFE COMMUNITIES NORTHUMBERLAND COUNTY – FALLS PREVENTION  
AGENDA/MINUTES**

DATE: Wednesday February 1, 2017	TIME: 1:00 pm	LOCATION: Community Care Northumberland, Cobourg office	
CO-CHAIRS: Sheri Birney, Scott Jibb	RECORDER: Joanne Brewster		
ATTENDANCE: Anne Manczyk, Emily McCormack, Heather Eatson, Heather Grundy, Joanne Brewster, Joyce Nowocin, Karen Walker, Sarah Gibbens, Scott Jibb, Sheri Birney, Alanna Williams, Steve Bates			
REGRETS: Adam Gagne, Alda Tee, Beth Harrington, Mandy McConkey, Rod Hare, Sarah Emerson, Tammie Staples			
AGENDA ITEM	SUBMITTED BY:	KEY DISCUSSION POINTS	ACTION/OUTCOME
Introductions		Members introduced themselves  Sheri BIRNEY left to lead ed. session on Falls Prevention in Coldsprings	
Approval of agenda			<b>Motion</b> to approve the agenda made by Sarah GIBBENS Seconded by Emily MCCORMACK CARRIED
Declaration of Conflict of Interest			None
Approval of minutes from last meeting		Last Meeting: December 8, 2016	<b>Motion</b> to approve the minutes as written made by Anne MANCZYK Seconded by Sarah GIBBENS CARRIED
Action Items from minutes of last meeting		ACTION: Joanne BREWSTER will register SC for a table at the Seniors Information & Active Living Fair in Port Hope, February 2, 2017 (10am – 3pm) - Need member availability/assignment of shifts  ACTION: Heather GRUNDY and Joanne BREWSTER will reach out to various partners and get a sense of needed supplies/resources that were well used/received and bring	Registration completed  We have the event staffed and will be situated beside other members who will be able to assist if required  Recommendations made include ordering more magnets with fewer numbers of pamphlets and information sheets

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		<p>recommendations to the table at the January meeting (regarding re-ordering of our 2016 printed materials)</p> <p>ACTION: Sheri BIRNEY will research and report back on the Seniors days at drug stores in Northumberland</p> <p>Discussion about creating media releases when we attend pharmacies (e.g., attend pharmacy and get free falls prevention resources and information)</p> <p>Action: Sheri BIRNEY will report back on those Community Care community classes in locations where there is poor attendance</p> <p>Action: Rod HARE will forward information / contact he has to Heather GRUNDY about a student placement to assist with some of the proposed tasks/activities (Sheridan College student)</p>	<p>Completed (list attached to email with this agenda)</p> <p>Several members are willing to participate in handing out the materials to the seniors. Schedule will be required.</p> <p><b>ACTION: Joanne BREWSTER</b> will follow up with Sheri re: pharmacy list (re: update list and calling pharmacies to make sure that we can attend on Seniors Day)</p> <p><b>ACTION:</b> Item to carry over to May meeting</p> <p>Completed Seeking an organization who can/willing to host a Sheridan College student remotely (students must be on-site at the health unit to be accepted)</p>

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Lead Table Updates		Next Lead Table Meeting: February 6, 2017 Strategic Planning underway	
Sub-Committee Requests to Lead Table <i>(will remain on Agenda until completed)</i>		2017 Activities Fall Prevention promotion Re-order of resources - recommendations Magnets – 3000 Tri-fold brochures - 1250 One-page information sheet – 2000-2500  Expo 2018  Members discussed concussions and if this is something we want to include on our work plan	Members agreed to forward a request to the Lead Table to spend up to \$2000 on the re-ordering of resources, promote senior's days at pharmacies / senior's fairs / fall prevention month 2017 and explore what resources are available on concussions and share on social media to help promote/support. Members also agree to participate in an Expo 2018.  <b>Motion</b> to accept the recommendations listed above made by Anne MANCZYK Seconded by Heather EATSON CARRIED
NEW / EMERGING ISSUES			
Organization/Agency network news	Heather EATSON Osteoporosis Canada	Beyond the Break – webcast Focus on exercise and prevention of falls Information was emailed to members prior to the meeting Bone fit training – Pickering in May 2017	Information will be attached with the minutes

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	Sarah GIBBENS NHH	Updated falls prevention safe mobility policy Falls risk screening in all out-patient areas In-patient areas fall risk, identified if fall risk Newly produced Falls Brochure – prevent falls in hospital and home	Will bring a copy of the new falls brochure to the May meeting
	Steve Bates OPP	Volunteer Vulnerable Persons Registry Media release OPP, Victim Services, Port Hope Police Voluntarily register a loved one who is vulnerable Information stored on Niche – police records management system Weekly radio show – promoted Safe Communities re: Suicide Prevention Rail Signs, Brighten Up campaign	

NEXT MEETING: May 4, 2017 @ 1 pm, Community Care Northumberland, Cobourg office

ADJOURNMENT: 2:02 pm – Meeting adjourned, motion by Heather EATSON