

SAFE COMMUNITIES NORTHUMBERLAND COUNTY – FALL PREVENTION

AGENDA/MINUTES

DATE: Thursday September 7, 2017		TIME: 1:00 pm	LOCATION: Community Care Northumberland, Cobourg office
CO-CHAIRS: Sheri Birney, Scott Jibb		RECORDER: Heather Grundy	
ATTENDANCE: Heather Eatson, Heather Grundy, Joanne Brewster, Beth Harrington, Joyce Nowocin, Sheri Birney, Rod Hare, Steve Bates, Tammie Staples REGRETS: Anne Manczyk, Emily McCormack, Adam Gagne, Alda Tee, Karen Walker, Mandy McConkey, Sarah Gibbens, Scott Jibb, Sarah Emerson			
AGENDA ITEM	SUBMITTED BY:	KEY DISCUSSION POINTS	ACTION/OUTCOME
1. Approval of agenda			Motion made by Beth HARRINGTON Seconded by Rod HARE to approve agenda as written CARRIED
2. Declaration of Conflict of Interest			None declared
3. Approval of minutes from last meeting		Last Meeting: May 4, 2017	Motion made by Heather EATSON Seconded by Beth HARRINGTON to approve minutes as written. CARRIED
4. Action Items from minutes of last meeting		ACTION: Beth HARRINGTON will send contact info. for the new ED of Nthld. Manufacturing Assoc...	Completed
5. Lead Table Updates Next Meeting: September 25, 2017		Last Lead Table Meeting: May 29, 2017 Strategic Plan – update, SWOT Analysis (Strengths, Weaknesses, Opportunities, Threats)	Strategic Planning update was shared. A SWOT analysis tool is being developed and will be completed at the next meeting. Reminder about the December 4 th meeting and to hold the date for the morning. Discussion was had about the Emily Project and more information is on the website.
6. Sub-Committee Requests to Lead Table <i>(will remain on Agenda until completed)</i>	Sheri Birney	Distribution of Fall Prevention materials to pharmacies on senior’s days - Feedback, next steps	Pharmacy visits were completed over the summer. Those that didn’t have Senior’s Days will be visited in the future. Pharmacy’s were happy to keep resources and some would like return visits. Community Care Falls class promotion in areas with low attendance is still to come.

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			There were calls for class information following the pharmacy visits, so it was a good promotional / engagement activity. ACTION: Joyce NOWOCIN will revisit the physio clinics she initially visited to refresh the materials.
	Heather Grundy /Joanne Brewster	Expo 2018 planning - update We have a large planning group that have met 3 times. The focus will be on youth and will focus on high school students. The venue will be in Cobourg – location to be determined. Looking at October 2018 which will allow for follow up. Falls would be related to concussions in addition to mental health, and on /off road injuries. Blake Fly is being looked at as a key note and he would also be able to do a parent component in the evening. Booths will be a big variety and will include community service ideas. Additional topic ideas include sleep, mindfulness, worker safety (WSPS), distracted driving. “LINK Crew’s” in the high school to assist. Looking at different things to attract all kids.	
7. Fall Prevention Month		Activities / Plans	November – Second pharmacy blitz in November, social media messaging, press release about pharmacy visits (that someone will be there to answer your questions) and tips. Any photos are

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			great – just get a photo release from Joanne BREWSTER. Will see if anything comes in the Falls Preventions Toolkit to help with specific promotion. ACTION: Sheri BIRNEY will create pharmacy visits plan/schedule. ACTION: Heather GRUNDY and Joanne BREWSTER will draft a press release for Fall Prevention Month.
8. Concussions	Joanne Brewster	New Parachute resource http://www.parachutecanada.org/downloads/injurytopics/Canadian_Guideline_on_Concussion_in_Sport-Parachute.pdf	ACTION: Heather EATSON will share updated resource form.
9. Fall prevention for young children	Heather Grundy	Update Heather GRUNDY provided an overview of the falls/young children campaign that the health unit is going to do and got some feedback on the potential campaign ideas.	
NEW / EMERGING ISSUES			
10. Organization/Agency news		Tammie STAPLES will be at the Port Hope Fall Fair and will take a variety of Safe Communities materials. She is also in the school every month. Joanne BREWSTER shared the details of the SC workshops that have been distributed to all members via email.	

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		<p>Heather EATSON shared about the ends Falls this Fall conference on October 3 – will forward details to attach to minutes. Bone Fit will be offered October 13 and 14 in Orillia.</p> <p>Steve BATES team will be in every school on a monthly basis. The Community Mobilization unit has grown.</p> <p>Joyce NOWOCIN shared about the free PACE program sessions every month. www.imcare.ca has more information. Information about Exercise is Medicine workshop information was shared.</p> <p>Sheri BIRNEY shared that there has been some staffing changes. They have the smile cookie promotion through Tim Horton's again for next week.</p> <p>Beth HARRINGTON shared that the Ministry blitz is on Falls - October 2 to November 24. Beth to forward information to share.</p>	
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NEXT MEETING: November 9, 2017 @ 1 pm, Community Care Northumberland, Cobourg office

*Save the date *** December 4th *** Safe Communities Breakfast*

ADJOURNMENT: 2:18 pm