



safe communities[®]
northumberland county

PRESENTS



Learn the skills.
Help save a life.

Suicide is preventable. Anyone can make a difference.

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public



ASIST works

Studies show that ASIST participants gain:

- ✓ Knowledge about suicide
- ✓ Skills to reach out
- ✓ Confidence to help save a life

ASIST (Applied Suicide Intervention Skills Training)

October 11 & 12, 2018 from 8:30am – 4:30pm *** full attendance is required on both days to obtain a Certificate*

Fellowship Christian Reformed Church, 304 Main St., Brighton

Trainers: Jennifer Cox, MSW, RSW and Mark Grant MSW, RSW

Jen has worked in the field of mental health, counseling and crisis intervention for 20 years. She has an Honours B.A. in Psychology and a Master of Social Work, both from Wilfrid Laurier University. Jen is currently the Integrated Director, Mental Health Community Program and Services for Northumberland Hills Hospital. She has been facilitating ASIST for 10 years and provided the training to many groups including caregivers, professionals and community organizations.

Mark has worked in the field of social services and mental health for 27 years. He has an MSW from the University of Toronto and a BSW from Ryerson University. Mark is currently an Area Manager with the Family Services Division of Durham Social Services and has been facilitating ASIST for 7 years to formal and informal support providers.

Refreshments and snacks will be provided. Please bring your own lunch. **Registration Deadline: October 5, 2018**

To register: Through Eventbrite click [here](#), or call Kristy at 1-866-888-4577 x 1669

The Vision of Safe Communities is to make Northumberland County the safest and healthiest place to live, learn, work and play.



Learn more about ASIST and see the evidence at www.livingworks.net/ASIST



LivingWorks

